

Breakfast & Lunch

August 28 - September 29, 2023

| <u>Monday</u> August 28 | <u>Tuesday</u> August 29 | <u>Wednesday</u> August 30 | <u>Thursday</u> August 31 | <u>Friday</u> September 1 |
|---|--|---|---|---|
| Lunch Chicken Tenders w/Waffle Oven Roasted Potatoes, 1/2 cup Carrot Sticks 1/2 cup w/PC Ranch Peach Cup, 1/2 cup Fresh Apple, 1/2 cup Milk | Lunch Korean BBQ Meatballs w/Rice & Fritos Broccoli, 1/2 cup Celery Sticks, 1/2 cup w/PC Ranch Fresh Orange, 1/2 cup Applesauce Cup, 1/2 cup Milk | Lunch Rotini w/Meat Sauce & Garlic Bread Stick Sunshine Carrots, 1/2 cup Broccoli Florets, 1/2 cup w/PC Ranch Pears, 1/2 cup Fresh Apple, 1/2 cup Milk | Lunch Taco w/Tortilla, Scoops & PC Salsa Vegetarian Beans, 1/2 cup Cauliflower, 1/2 cup w/PC Ranch Fresh Orange, 1/2 cup Applesauce Cup, 1/2 cup Milk | Noon Dismissal No Lunch Service |
| September 4 | September 5 | September 6 | September 7 | September 8 |
|  Schools Closed Labor Day | Lunch Taco w/Tortilla, Scoops & PC Salsa Vegetarian Beans, 1/2 cup Cauliflower, 1/2 cup w/PC Ranch Fresh Apple, 1/2 cup Peach Cup, 1/2 cup Milk | Lunch Mozzarella Bread Sticks w/Marinara Sauce California Blend, 1/2 cup Broccoli Florets, 1/2 cup w/PC Ranch Pears, 1/2 cup Applesauce Cup, 1/2 cup Milk | Lunch Teriyaki Chicken w/Rice Broccoli, 1/2 cup Celery Sticks, 1/2 cup w/PC Ranch Applesauce Cup, 1/2 cup Fresh Orange, 1/2 cup Milk |  Lunch Pizza, Round Sunshine Carrots Carrot Sticks, 1/2 cup w/PC Ranch Mixed Fruit, 1/2 cup Fresh Apple, 1/2 cup Milk |
| September 11 | September 12 | September 13 | September 14 | September 15 |
| Lunch Chicken Tenders w/Waffle Oven Roasted Potatoes, 1/2 cup Carrot Sticks, 1/2 cup w/PC Ranch Peach Cup, 1/2 cup Fresh Apple, 1/2 cup Milk | Lunch Sweet-N-Sour Meatballs w/Rice & Fritos Sunshine Carrots, 1/2 cup Celery Sticks, 1/2 cup w/PC Ranch Fresh Orange, 1/2 cup Applesauce Cup, 1/2 cup Milk | Lunch Penne Alfredo & Garlic Bread Stick Green Beans, 1/2 cup Broccoli Florets, 1/2 cup w/PC Ranch Pears, 1/2 cup Fresh Apple, 1/2 cup Milk | Lunch Taco w/Tortilla, Scoops & PC Salsa Vegetarian Beans, 1/2 cup Cauliflower, 1/2 cup w/PC Ranch Fresh Orange, 1/2 cup Applesauce Cup, 1/2 cup Milk | Lunch Pizza, Stuffed Crust w/PC Marinara Sauce Broccoli, 1/2 cup Carrot Sticks, 1/2 cup w/PC Ranch Mixed Fruit, 1/2 cup Fresh Apple, 1/2 cup Milk |
| September 18 | September 19 | September 20 | September 21 | September 22 |
| Lunch Teriyaki Potstickers Broccoli, 1/2 cup Carrot Sticks, 1/2 cup w/PC Ranch Peach Cup, 1/2 cup Fresh Apple, 1/2 cup Milk | Lunch Taco w/Tortilla, Scoops & PC Salsa Vegetarian Beans, 1/2 cup Cauliflowe, 1/2 cup w/PC Ranch Fresh Orange, 1/2 cup Applesauce Cup, 1/2 cup Milk | Lunch Pizza Sticks w/Marinara Sauce Green Beans, 1/2 cup Broccoli Florets, 1/2 cup w/PC Ranch Pears, 1/2 cup Fresh Apple, 1/2 cup Milk | Lunch Sweet-N-Sour Chicken w/Vegetable Fried Rice Sunshine Carrots, 1/2 cup Celery Sticks, 1/2 cup w/PC Ranch Fresh Orange, 1/2 cup Applesauce Cup, 1/2 cup Milk |  Lunch Pizza, Garlic French Bread Corn, 1/2 cup Carrot Sticks, 1/2 cup w/PC Ranch Mixed Fruit, 1/2 cup Fresh Apple, 1/2 cup Milk |
| September 25 | September 26 | September 27 | September 28 | September 29 |
| School Closed Faculty Retreat | Lunch Korean BBQ Meatballs w/Rice & Fritos Broccoli, 1/2 cup Celery Sticks, 1/2 cup w/PC Ranch Fresh Orange, 1/2 cup Applesauce Cup, 1/2 cup Milk | Lunch Rotini w/Meat Sauce & Garlic Bread Stick Sunshine Carrots, 1/2 cup Broccoli Florets, 1/2 cup w/PC Ranch Pear Cup, 1/2 cup Fresh Orange, 1/2 cup Milk | Lunch Taco w/Tortilla, Scoops & PC Salsa Vegetarian Beans, 1/2 cup Cauliflower, 1/2 cup w/PC Ranch Fresh Apple, 1/2 cup Peach Cup, 1/2 cup Milk | Lunch Pizza, 4x6 Green Beans, 1/2 cup Carrot Sticks, 1/2 cup w/PC Ranch Mixed Fruit, 1/2 cup Fresh Orange, 1/2 cup Milk |

A variety of fresh fruits and vegetables are served daily - apples, oranges, grapes, melons, strawberries, carrots, celery, broccoli, cauliflower

Menu Subject to Change

100 % Fruit Juice served - apple, orange, grape

